



MINI
TRAINING
SERIES

Opioids: Prescription Drugs & Heroin



@PYDCplymouth

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What are opioids?: Pain medications or "narcotics" that work in the receptors of the brain

**Commonly
prescribed
opioids
include:**



Percocet
Oxycodone
Vicodin
Codeine
Morphine



Chemically, your brain does not know the difference between prescription opioids & heroin

People switch from prescription opioids to heroin because it's cheaper & easier to get

- Pinned pupils
- Drooped, smooth eyelids
- Sedated nodding movements
- Slack muscle tone
- Cool, clammy skin
- Low concentration
- Dry, cotton mouth
- Face and arm stretching, itching
- "Dreamy" walk or talk
- Slow reaction and movement

**Signs of opioid
misuse or abuse:**



Naloxone or "Narcan" is a nasal spray that can reverse an opioid overdose & save a life. You can get Narcan at most pharmacies without a prescription.



- Narcan only reverses the effects of opioids
- Narcan is a temporary solution (30-90 minutes)
- Narcan is safe & has no potential for abuse

**SIGNS OF AN
OVERDOSE
INCLUDE:**

- slow, shallow, or no breathing
- unconscious or non-responsive
- pale, grey or blue skin
- snorting or gurgling sounds
- foaming at the mouth
- vomiting

RESPOND:

1. Call 911
2. Perform Rescue Breaths
3. Administer Narcan